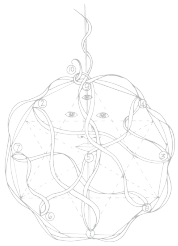

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Your Log Sheet

Katonah Yoga Teacher Training Hours

HOURS	LESSONS	TEACHER	NOTES

C class W workshop R retreat T training P private